

Sacred Wandering

Sacred Wandering is taking proactive steps to protect clients and providers from airborne or other types of infectious disease outbreak(s).

Sacred Wandering is committed to providing authoritative and science-based information about the nature, spread, and prevention of infectious diseases, as well as CDC guidelines or recommendations.

It is our goal to remain open with in-person services for as long as safely possible, but there may come a time when we will have to temporarily close our doors to inperson services. We are doing our best to ensure that does not happen, but we need your help if we are going to succeed. Therefore, we are implementing the following Policy effective immediately.

Covid-19 & Infectious Disease Policy

After careful consultation with legal and ethical sources, local health officials and other scientific entities, as well as our liability insurance provider, Sacred Wandering is requiring providers to receive the 2-part COVID-19 vaccine and/or booster in order to continue participating as a provider at Sacred Wandering. Only those persons with valid medical health declarations will be exempted from this policy. Because Sacred Wandering is "Catholic" (i.e. religious) in nature, religious objections will be noted but will not exempt this requirement.

Preventing the Spread of Infection

Sacred Wandering will ensure a safe workplace, including regular sanitation of all objects and areas, such as bathrooms, break rooms, conference rooms, waiting rooms, door handles, and stair railings. To do this, we use a combination of Caviwipes© and disinfectant sprays throughout the day and after every client (when possible). Please do not be insulted if we spray common areas immediately after your departure.

We ask all clients and providers to cooperate in taking steps to reduce the transmission of any infectious disease. The best strategy remains the most obvious:

- Frequent hand washing with warm, soapy water for at least 20 seconds;
- Covering your mouth whenever you sneeze or cough with a tissue or into upper sleeve and then discarding used tissues in waste receptacles.
- Using alcohol-based hand sanitizers which are located throughout the offices, pastoral center, waiting rooms, and all common areas.

Unless otherwise notified, our normal attendance policies will remain in effect. Individuals who believe they may face particular challenges in maintaining appointments or work-related hours during an infectious disease outbreak should take steps to develop any necessary contingency plans such as the possibility for Teletherapy or other means of working with those entrusted to Sacred Wandering's care.

Limiting Travel (*Staying Home When Ill*)

Providers and clients should not show up to an appointment if they are in anyway showing signs or symptoms of any kind, whether for flu, cold, or other infectious diseases or viruses. Please remain at your home and do NOT come to the office. Clients may be refused service if showing up to an appointment with any symptoms, and may be charged for the cancellation. Providers will be sent home and all appointments will be cancelled.

Infectious Disease Policy

Symptoms

During an infectious disease outbreak, it is critical that clients and providers do not report to any location while they are experiencing the following symptoms: *fever, cough, sore throat, runny or stuffy nose (other than allergies), body aches, headaches, chills, vomiting, diarrhea, or fatigue*. While this list is not comprehensive, we ask that both clients and providers use common sense.

Currently, the Centers for Disease Control and Prevention recommend that people with an infectious illness such as the flu and others, remain at home until at least 48 hours after they recover from their last symptom without the use of fever-reducing medications or 5 days after the last Covid-related symptom.

Telecommuting

Teletherapy solutions can be used during possible outbreaks to maintain both a therapeutic and sacramental presence for those who use our services. Please let us know if you prefer in-person or Teletherapy as soon as possible and we will do our best to accommodate your needs.

Physical Distancing Guidelines

Sacred Wandering may at any time implement the following physical distancing guidelines to minimize the spread of the disease among providers, religious, and clients.

1. Avoid face-to-face meetings or gatherings. Providers/religious and clients will be encouraged to use the telephone, online conferencing, e-mail, or instant messaging to conduct business as much as possible.
2. If a face-to-face meeting is unavoidable, minimize the meeting time, choose a large meeting room and sit at least one yard from each other if possible; avoid person-to-person contact such as shaking hands (see below).
3. Avoid any unnecessary travel; cancel or postpone nonessential meetings, gatherings, workshops, or continuing education / training sessions.
4. Do not congregate in waiting rooms, offices, or other areas where others socialize unless absolutely necessary (family therapy or in-person classes).
5. Normal greetings such as handshakes or hugs should be avoided. A simple wave or polite nodding of the head, or even an elbow bump would be an appropriate greeting.
6. After engaging with others, do not touch your face unless you have immediately sanitized your hands.

Masks

We are constantly monitoring the current progress of the COVID-19 variants and current CDC guidelines for safely meeting with persons face-to-face. At this time we do not feel mandating masks will be required, however, we will respect any person's request to wear a mask during appointments.

Providers who must be within 2 feet of any person to provide service MUST be masked until such a time as they are able to maintain a safe (4-6 feet) distance from the nearest person. Providers may elect to require masks during their services but MUST inform clients in a timely manner or else provide a mask free of charge (masks and gloves are available in the waiting room and offices).

Thank you for honoring the safety and sanctity that is Sacred Wandering. Let us make sure that together we celebrate the health and wellness of all who walk through our doors.